

# Term 2

## Physical Education overview



The Physical Education program aims to:

- Provide students with opportunities to explore and develop movement skills, understand movement, and learn through movement.
- Offer students a quality environment to interact and contribute to a safe and active community, being socially involved at different levels and in different groups.
- Support the children to develop sportsmanship, optimism and positive attitude, friendship, and teamwork.
- Provide opportunities for all students to explore their favourite skills and develop an interest in playing sport outside school for the long term (eg local sporting clubs)

The Physical Education program provides one lessons a week for each class in Reception to Year 6 and is focused on the following curriculum areas:

- Fundamental movement skills and Active play (including fundamental movement skills, understanding movement, learning through movement and playing/group activities)
- Personal, Social and Community Skills (including group interactions, safe and active life, being part of team and an active community)

**Reception to Year 4** program for Term 2 is organized in two main blocks:

- **Block 1** Ball skills –including group/team games (eg, throwing, bouncing, catching and kicking).
- **Block 2** Locomotion (eg, running, hopping, jumping, skipping) and dominant movements – coordination, balance, rhythm.

**Learning progress** - While term 1 was focused on positive class environment, team building and a successful start, the next 3 terms will be focused on skills-based programs. To support a consistent learning progress, each term has a different level of difficulty according to the achievement level and effort that students can demonstrate in the sessions (introduction, consolidation and extending/application). Therefore, Term 2 is focused on the introduction of the major skills area as an initiation into the curriculum areas, as mentioned above.

**Year 5 and 6** To begin the term, students will spend the first two weeks participating in group activities to build on their teamwork and cooperation skills. Activities will include a variety of sports where students will practise throwing, catching, shooting and strategy games.

Each term we will be investigating a different category of sports. To follow on from last term's striking and fielding sport (cricket), we will now be looking at net and wall sports. The net and wall sport we will be focusing on is Badminton. Students will learn the fundamental basics of Badminton before applying these learnt skills in singles and doubles matches with their peers. By the end of the unit, students will also help umpire these matches.

As well as learning skills, the students will also learn the rules and scoring system of Badminton. Students will be provided the opportunity to demonstrate their understanding in an end of term Badminton assessment quiz that will form part of their grade.



Florin Velea  
Reception - Year 4



Andy Read  
Year 5 - 6

